

National and Pan-London

National Domestic Abuse Helpline

08082000247

Women's Aid [Live Chat](#)

If it's unsafe or you're unable to speak on the phone

Men's Advice Line

Support for Male Victims and Survivors 08088010327

GALOP LGBT+ Domestic Abuse Helpline

02077042040 or 08009995428

Hourglass Helpline

Support around elder abuse 08088088141

Women and Girls Network

Counselling, advocacy and advice for women and girls
08088010660 or [Live Webchat](#)

Suzy Lamplugh Trust

National Stalking Helpline 08088020300

Paladin

Stalking Advocacy Service 02038664107

SignHealth

Support for deaf victims/survivors of abuse
02039472601 / 07970350366 / da@signhealth.org.uk

Respond

Support for people with learning disabilities and autism
02073830700

Respect

Support and advice for perpetrators of abuse
08088024040 or [Live Webchat](#)

The Sharan Project

Support for South Asian Women 08445043231

Forward

Support for women and girls affected by violence including
FGM and other Harmful Practices 07834168141 / 07737705379

Iran and Kurdish Women's Rights Organisation (IKWRO)

02079206460

Latin American Women's Rights Service (LAWRS)

07719281714 / 07595970580 / referrals@lawrs.org.uk

The Irish & Irish Traveller Project

Support for Irish and Irish Traveller Women and their children
0808 802 5565 / 07903 806 161

The Forced Marriage Unit

Information on forced marriage 020 7708 0151

Rights of Women

Free, confidential legal advice 02072516577

The Police

Emergency – 999

Non-emergency – 101

If you cannot speak, Make Yourself Heard through the
[Silent Solution](#)

Crimestoppers

Give crime information anonymously on 0800555111
or at <https://crimestoppers-uk.org/>

Local

ADVANCE

Support and advocacy for male and female
victims/survivors of domestic abuse
07398454898, brent.admin@advancecharity.org.uk

Chrysalis (one stop shop)

Every Tuesday 9:30 - 12:30

07398454898 brent.admin@advancecharity.org.uk

The Nia Project

Support for women and men involved in sex work
02076831270, exiting.advocacy@niaendingviolence.org.uk

Rise Mutual

Domestic Abuse Perpetrator programmes and integrated
victim support service.
07495099694, info@risemutual.org

Brent Domestic Abuse Housing Team

02089372000 (option 3) or via [My Account](#).

London Victim & Witness Service

Support for male and female victims/survivors and their
children. 08081689291 (24 hours, 7 days a week)
[My Support Space](#) - online resource for victims

The Asian Women's Resource Centre

Support for women experiencing domestic abuse, including
women with no recourse to public funds 02089615701

PLIAS Resettlement

Support for Black, Asian and minority ethnic women
experiencing violence and harmful practices 02088386800
/ 07494091586

Refuge Eastern European Advocacy Service

Culturally-specific support to Eastern European women
experiencing gender based violence
07725245777, EasternEuropeanIDVA@refuge.org.uk

EACH

121 Counselling, refuges, floating support and life
therapies for women and families affected by abuse.
02089618623

West London Rape Crisis

For women who have experienced any kind of sexual
violence, recent or historic 08088010770

Sexual Assault Referral Centre (SARC)

Find your local SARC [here](#)