

Community of Practice
 Forum 3; 27.05.21 14:00
 Over Zoom
 Minutes

Topic- Women with multiple/complex needs

Item	Notes	Action
1.	<p>Introduction</p> <p>Today's topic is women with Complex/Multiple needs. Nick introduced the topic and also noted the discomfort with the title of the meeting. Nick briefly talked about the purpose and objectives of the CoP and his hopes from today's session.</p> <p>The following definitions were shared with the group were separated into break out rooms for introductions.</p> <p>NICE guidelines 2020 complex needs is defined as</p> <p><i>"people needing a high level of support with many aspects of their daily life and relying on a range of health and social care services. This may be because of illness, disability, broader life circumstances or a combination of these. Complex needs may be present from birth, or may develop over the course of a person's life and may fluctuate."</i></p> <p>According to the all-party Parliamentary group and Turning Point</p> <p><i>"A person with 'complex needs' is someone with two or more needs affecting their physical, mental, social or financial wellbeing."</i></p>	
2.	<p>Case study</p> <p>Rachel Presented her case study of Client LE and talked to us about the Advance Minerva service.</p> <p>A full description can be found in the presentation included with these minutes; in brief;</p> <ul style="list-style-type: none"> - The Advance services is for women who are fleeing domestic violence - Minerva is a support service for women who have had interactions with criminal services. <p>Some of the key difficulties included</p> <ul style="list-style-type: none"> • More support for female Perpetrators of Domestic Violence needed • Language/understanding • Working with those who are not aware of their vulnerabilities • Brent Specific barriers <ul style="list-style-type: none"> ○ Limited support services that are not social services ○ Limited language specific mental health/counselling services <p><u>Questions</u></p> <p>Suna- In summary Suna asked if the client had been assessed as presenting with learning difficulties and whether this was considered a barrier?</p>	<p>Need to share presentation and details of the RISE service + any other services that may be able to support.</p>

	<p>Rachel- this is yet to be explored and perhaps is something that could be looked into further.</p> <p>Lakhvir- is language as the main barrier? Can social services not provide support? Do statutory services not provide emotional support that meets EL needs?</p> <p>Rachel- Social services have now mostly closed the case; but there is certainly a larger discussion to be had around this.</p> <p>Many participants highlighted that in this case LE is both the victim and the perpetrator- which is a complex dichotomy. Perhaps the RISE service may be able to support.</p> <p>From the chat</p> <div style="border: 1px solid blue; padding: 5px; background-color: #fff9c4;"> <p>From Theresa/step up hub to Everyone: 02:41 PM Would she be entitled to supervised visits to see her son - maybe that could be a milestone to work towards...?</p> <p>From Barbara.Taylor to Everyone: 02:42 PM Has she attended any form of counselling?</p> <p>From Lakhvir Randhawa to Everyone: 02:43 PM She can access EACH for counselling - we provide it as part of Ascent in Brent</p> <p>From Ilana.Jacoby to Everyone: 02:43 PM I don't know if this is appropriate to your client but there is the following organisation for Romanian women in the community: https://www.brent.gov.uk/your-community/community-directory/romanian-women-in-uk/</p> <p>From Barbara.Taylor to Everyone: 02:43 PM Excellent and great work</p> <p>From RosBaptiste to Everyone: 02:43 PM I agree with Theresa, supervised visits with her son, may stabilise her to seek further assistance</p> <p>From Rachel W to Everyone: 02:44 PM She does have contact with her son but they're virtual at the minute and she doesn't always attend Thank you, guys, will definitely be encouraging counselling!</p> </div>	
3.	<p>Asian Women's Resource Centre</p> <p>Suna and Vandana presented the work of the Asian women's resource centre</p> <p>Some of the key statements and ideas presented are that:</p> <ul style="list-style-type: none"> • The service is Led by women for Women!! • All humans are strong and they can move forward from difficulties with emotional support and knowledge- they can build their own support system and do not have to stay in services with a little help. That is what we do. <p>The full presentation will be circulated with these minutes; in summary the following was covered:</p>	Nick to share presentation and

	<ul style="list-style-type: none"> • The role of the service and services offered • Tips for other professionals • Barriers for the beneficiary • Trends <p>Due to time limitations further questions were not asked at this point, but please contact colleague at the service should you have any questions [details on presentation]</p>	
4.	<p>NIA</p> <p>Penny and Rachel presented the work that they do in Brent and introduced us to some recent trends and concerns.</p> <p>The presentation covered:</p> <ul style="list-style-type: none"> • Trends • What is meant by prostitution • Routes into prostitution • Barriers to exiting prostitution • Referral process <p>Come of the key trends and concepts included</p> <ul style="list-style-type: none"> • Survival sex • Covid 19 has escalated of pressures to survive; leading to unsafe behaviours such as more unprotected sex • Housing is one of the biggest barriers- especially when there is no DV. • Link between indoor prostitution and home- exit prostitutions=loose home • Many women start under 18 • Around 90% suffer violence from punters • MONEY DOESN'T OVERRIDE CONSENT which is sadly not understood by some <p>All presentation will be shared and if there are any questions further to the presentation please reach out to Penny and Rachel.</p>	
5.	<p>VAWG</p> <p>Cathy talked to us about VAWG and the services that VAWG represent, these services include</p> <ul style="list-style-type: none"> • SOLACE • Advance • 1 stop shop Crysalis • RISE Mutual- Support for male and female perpetrators- must want to engage with the service • NIA • Goba thinking- young women and girls effected by gender-based violence [YBF/Start Easy/PLIAS] 10-25 <p>In addition, they;</p>	Nick to Circulate service flyers.

	<ul style="list-style-type: none"> • Oversee Brent DV MARAC • Targeted training • Targeted work on FGM- [7-minute briefing] • New piece of work about violence and abuse against parents- tools and resources • Newsletter each month that does out- directory of local services. Each month there is a spotlight on a particular service <p>As covid is becoming less all-encompassing there is a renewed focus on safety of women and girls in open spaces.</p> <p>For more information please get in touch and look at community leads and website. The details of the services mentioned above will be circulated with these minutes.</p>	
6.	<p>Discussion</p> <p>Small group discussion looking at</p> <ul style="list-style-type: none"> • what are the barriers? • What can be done differently? • What services are available right now? <p>In groups we used JamBoard to note out ideas. Nick has collated these and will be shared as a PDF with these minutes. This information will be fed back at Brent strategic level meeting [homelessness forum] so that the frontline feedback is heard widely by managers, commissioner and directors.</p>	
7.	<p>AOB</p> <p>Fahma from PAIWANd asked how services can come together more often</p> <p>Suna- VAWG forum for the borough AWRC- set up a harmful practices sub-group also which you can attend.</p> <p>EACH- just funded to provide an employment service for gender specific support, combined with counselling.</p> <p>Katrina- are there services for young male perpetrators Cathy- RISE- adults, but with some flexibility.</p> <p>Next Forum will be on 30th June and focussed on Young People- invitations will follow shortly. See below for the chat</p>	

From Fahima Zaheen to Everyone: 02:47 PM

Can we all write our names and our organisations and what we do here? It will be a start for future contact.

From RosBaptiste to Everyone: 02:48 PM

Ros Baptiste Sufra NW London Advisor ros@sufra-nwlondon.org.uk

From Fahima Zaheen to Everyone: 02:49 PM

I am Fahima Zaheen from Afghan Association Paiwand. we help refugees and vulnerable migrants in different ways. please visit our website for information and referrals: www.paiwand.com

From Barbara.Taylor to Everyone: 02:50 PM

Babs Taylor Rough Sleeper - Outreach Practitioner WDP & Fattma Kadum - Homelessness Recovery Practitioner WDP

From Rachel W to Everyone: 02:50 PM

Rachel Willems - advance Minerva (women's charity supporting those who have been through CJS)

From Theresa/step up hub to Everyone: 02:51 PM

Theresa from Step Up Hub, (small local charity). Part time Advisor (mainly on benefits).

From chenel.walker to Everyone: 02:53 PM

Chenel Walker from Crisis Skylight Brent, Progression Coach.

From PLIAS Resettlement to Everyone: 02:53 PM

Shirley Ricketts- Phoenix (P&ACT) Project. A charity based in Stonebridge. We work with women who have experienced or are experiencing Domestic Abuse. We primarily work with women from the African and Caribbean background

From Ilana.Jacoby to Everyone: 02:58 PM

Ilana Jacoby from Citizens Advice Brent - we offer advice about Welfare Benefits, housing, debt, consumer, education, etc and some advice about immigration. We also have a 'Help to Claim' team that advises people about entitlement to Universal Credit and how to make a claim for this. We signpost clients to other organisations that specialise in any subjects about which we are unable to provide advice.

From Priti.Sagar to Everyone: 03:01 PM

Priti Sagar- Complex Needs Lead Housing Officer SMART Team- Brent Council

From Cathy Hickey to Everyone: 03:06 PM

Cathy Hickey - Violence and Vulnerability (VAWG) Coordinator, Brent Council Community Safety

From Lakhvir Randhawa to Everyone: 03:17 PM

Sorry, I need to leave. Great presentations, thank you Lakhvir Randhawa - CEO, EACH. We provide support to women with complex needs in Brent (accommodation) as well as counselling. Other services - housing/refuge provision, employment projects, out of hospital support and support for young people in cjs and on mental health/substance misuse.

From Jenny Lanyero to Everyone: 03:30 PM

Amazing presentations by all

From Cathy Hickey to Everyone: 03:30 PM

Cathy.Hickey@brent.gov.uk

From CAJETAN.ANYANWU to Everyone: 03:33 PM

Apologise I have to leave for another meeting. thanks to all who presented. From the ASB point of view we encourage residents to report any criminal behaviour to the police on 101 or dial 999 if emergency. Also report any anti-social behaviour issue via community.safety@brent.gov.uk or via the online form. <https://www.brent.gov.uk/your-community/crime-and-community-safety/anti-social-behaviour/community-trigger/>

From Rachel W to Everyone: 03:34 PM

Hi there! We support women aged 18+

From Suna Parlak / AWRC to Everyone: 03:34 PM

We support women who needs benefit advise too

From aditi to Everyone: 03:43 PM

Sorry I have to log off have a call to attend to. Most informative session thanks to all for a great seminar Aditi Parekh - community engagement officer for Brent Health Inequalities team.