



Project Strive & IPS Works

Health & Wellbeing through Community-based
Recovery and Prevention Services



Our work



We offer counselling and support in a range of languages across 11 West London boroughs, last year we supported nearly 1500 people to recover and rebuild their lives.

We offer:

- One-to-one counselling
- Therapeutic groups and programme's
- Key working
- Advice and Information
- Education and Employment Support
- Housing-related support
- Refuges
- Social Club
- Volunteering Opportunities
- Peer Support
- Referrals and Signposting



Project Strive

- ▶ Project Strive is an employment, training and education service. We aim to support clients to achieve their goals, build confidence, gain new skills and/or find employment.
- ▶ Who is eligible?
 - ▶ Brent residents from BME community, aged 18+, individuals with low to medium level needs (mental health, substance misuse or domestic violence)
 - ▶ Individuals who have been negatively impacted by COVID 19
- ▶ What does Project Strive have to offer?
 - ▶ A free service, one-to-one personalized job coaching, one-to-one wellbeing support, mental health support groups, job ready workshops

Project Strive Case Study

- ▶ JG- Self referral. He was a client seeking mental health and job coaching support. He is 30 years old and diagnosed with schizophrenia. He began with one-to-one MH support as he was struggling with anxiety and depression. After being discharged from counselling he transitioned into the one-to-one job coaching support. We worked on setting goals, CV writing, basic job search and job interview preparation. The client began to grow in confidence and identified that he wanted to do a course. He was then referred on to IPS where he worked with the employment specialist, completed a course and secured a job in his desired field.



IPS (Individual Placement and Support Service) Works

IPS Support BME clients with Common mental health (anxiety, depression, low mood), Age 19+, Not currently in employment,

How we support you:

Our Engagement and Support workers reach out to clients whom would not usually access services. We support them with their RTW documents and eligibility and encourage and support their transition into employment or onto an accredited course.

Free and Confidential 1 to 1 support to access Employment, Education, Training or Volunteering.

Job Clubs, Accredited Training courses, Computer and English Classes.

Support into jobs that suit family life

Emotional and practical support once employed up to 21 weeks

Examples of Accredited Courses for IPS :

We have a dedicated Education Specialist who will find a course tailored to the clients needs, locally and supports them with the enrolling process:

- ESOL (Levels 1, 2 and 3) Accredited Online and Classroom based
- TA Courses Level 1, 2 and 3
- CSCS Courses
- IT Courses Online (Classroom based will start again soon)
- Agile
- Business Admin
- Forklift Training Course

Eligibility for IPS:

IPS are in 7 London Borough, however since Covid-19 we have been covering the whole of London

- Aged 19 Plus
- Have the Right to live and work in the UK:
 - ✓ Passport, Birth Certificate, Biometric Residence Permit, VISA (We support clients to apply for the above if they don't have)
- Not currently in any form of Employment

Referral Information for IPS:

How You Can Make A Referral:

- Self-refer
- Family members, friends or carers
- Professionals

Simply email client name and contact number to
Email:

ipsworks@eachcounselling.org.uk or
skennedy@eachcounselling.org.uk

Stephanie Kennedy
Team Lead
IPS Works

