

Upcoming Field Trips

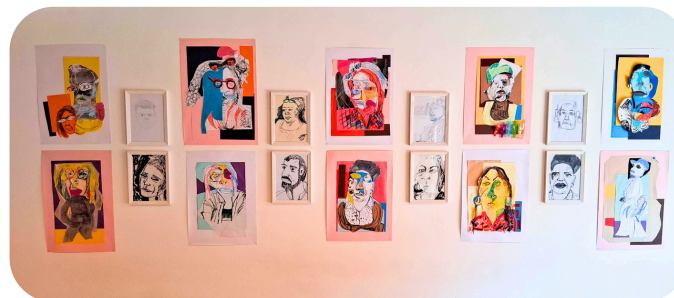
Oxford City Farm

Join us as we take a trip to Oxford City Farm on the 24th of July, where you can get involved in growing and maintaining the land and meeting some friendly animals. Volunteers are able to take some organic fresh produce away with them. To join, let your lead worker know, or either Katie or Hamish.

Lunchtime Concert

We are excited to have planned a trip for members to attend a free lunchtime concert performed on the cello by Coral Lancaster and the piano by Wendy Hiscocks. The concert will take place in the local church St Michael at the North Gate and will feature music by a variety of composers including the late Australian composer Peter Sculthorpe, British composer Sir Arnold Bax as well as a work by Wendy Hiscocks herself. Members to meet at 12.45pm on the 21st July at the Crisis reception. Let us know by 4.30pm Friday the 18th of July if you would like to attend.

New Crisis Art Exhibiton in Old Fire Station Cafe



Come and view our new exhibition in the Old Fire Station Cafe, featuring artwork created by members of the Crisis community. A combination of Picasso-like collage portraits and framed facial portrayals in ink and pencil symmetrically line the wall, inviting visitors to explore the diverse expressions, personalities and stories embedded within each piece. The exhibition is a testament to the innate artistry embedded in everyone of us, demonstrating that anyone can produce a flamboyant and inspired contribution to the artistic canon, regardless of background or experience.

Crisis

Arts and Wellbeing July Newsletter

Crisis Skylight Oxford

New Opportunities...

Pop-Up Arts Workshop:

Look out for Hamish and Grace on Thursday mornings in the foyer for some fun, creative moments while you wait for an appointment.

Have a go at some origami, guitar, poetry and more!

Tuesday Photography:

Come along to our weekly photography sessions, to take place on Tuesdays from 11am. These sessions will include travel by foot to take photos of local subjects. If you have additional mobility needs and would like to join, just let us know and we will enable you to participate.

Breakfast Club:

Come and join us for some hot toast and a strong brew on Wednesday mornings from 10.30am, as we continue our Wednesday Morning Breakfast Club. Opportunities to lose yourself in creativity, meet peers and make new friends.

What's On:

Mondays:

- Cookery, 11.30am - 1.30pm
- Open Art, 2pm - 4pm

Tuesdays:

- Photography, 11am - 1.30pm
- Online Poetry, 2pm - 3.30pm

Wednesdays:

- Breakfast Club, 10.30am - 11.30am
- Hidden Spire Collective, 12pm - 2pm
- Member Computer Use, 3.30pm - 4.30pm

Thursdays:

- Garden and Nature, 10am - 12pm
- Film Club, 2.30pm - 5pm

Fridays:

- Open University OpenLearn Short Courses, 10am - 12pm
- Open Music, 2pm - 4pm with

All activities are subject to change - regularly check the weekly schedule for relevant service updates. Ask your lead worker if you would like to attend for the first time.

Arts at The Old Fire Station

What's on...

- 'GIVE IT A GO' SESSIONS - have a go at making a coffee in our café, running the theatre lights and lots more!
- ARTS TRAINING SCHEMES - a 6-8 week scheme to help you build on existing skills and experiences.
- VOLUNTEER WITH US - usher shows, support visual arts workshops, or work in the gallery.
- FREE TICKETS - Crisis members are entitled to free tickets to almost all performances and OFS workshops.

Our Freedom: Then and Now

The Hidden Spire Collective is taking on a UK-wide project called Our Freedom: Then & Now. Workshop dates are below:

WED 18 JUNE	SESSION 1 EXPLORING 'FREEDOM'
WED 25 JUNE	SESSION 2 THEATRE
WED 2 JULY	SESSION 3 CREATIVE WRITING
WED 9 JULY	SESSION 4 MUSIC
WED 16 JULY	SESSION 5 DESIGNING OUR PROJECT 1
WED 23 JULY	SESSION 6 DESIGNING OUR PROJECT 2

For more information or to sign up to a session, email: grace.copeland@oldfirestation.org.uk